

MILO e-ACTIV JAM SENAM AEROBIK FAQ

Why do we have e-Activ Jam Senam Aerobik instead of Activ Jam Senam Aerobik?

In view of the current situation, which citizens are still encouraged to stay home more, hence we have moved the campaign entirely online.

Is there any major difference between on ground and online senam aerobik?

There will be no Grand Finale for online senam aerobik, however we will still be having finalist for national level, and they will be competing online via video submissions.

Why is there individual and family category?

We are trying to encourage more participants as possible, hence individuals which could not get their family members to join are still able to join.

What if my children are not good in aerobic dances?

The purpose of this competition is to encourage active lifestyles and get everyone to move and stay active, so do not worry.

Can my child join both category?

No, participants are only allowed to sign up for one category.

Can my child join if he/she is at Tahap 1?

No, unfortunately it is only opened for Tahap 2 kids, meaning year 4, 5 and 6.

What if I am not good in videography or I do not have a nice camera?

The video will not be judged based on the video quality, but creativity instead. So, anyone is welcomed to join.

Can I not include MILO music in the soundtrack, as I am not good in editing music?

You must include the MILO music as part of the soundtrack, it really depends on your creativity on how to put the music together.

Can my child join the Muhibbah category?

This category is specially catered for the team which will be picked by JPN, and each state is only allowed to send only one team.

If my child got qualified or I won the competition, how can I receive the prizes?

It will be sent directly according to your details provided during registration.

What is the maximum number of participants for family category?

There must be only 3 which include the student + 2 of the family members.

What is the Age limit for the family member?

There will be no age limit for family members as long as the student is from Year 4 to 6.

How can I participate?

The contest information can be found on <https://www.milo.com.my/get-active/e-activ-jam-senam-aerobik>

Where will the prizes be announced?

The state qualifiers and national level winners will be announced on our MILO® website and social media.

When will the winners be announced?

The state level qualifiers will be announced by end of August and National level winners will be announced by early of October.